



*Got a question ? Please contact the office on 01372 231007 or e-mail [admin@Care101.co.uk](mailto:admin@Care101.co.uk)*

## Background

A cookie is a small file stored on by your web browser. They can be configured by you to either be accepted or rejected. A cookie contains information that is transferred between a web site and local storage – e.g. a computer’s hard drive. These details help sites like ours to provide continuity and thus enhancing your experience – e.g. by knowing you’re already logged on, by remembering your login details etc.

By continuing to access our sites, you agree to our use of cookies.

## What are they used for?

Cookies have a number of benefits.

- Navigation

Cookies help us know who you are, when you logged on and the details you are allowed to access. These is more typically known as “session” information and relates to your specific access to the site.

- Login details

Login related details help us identify who you are and therefore the information you have access to. Using these we are able to ensure the appropriate security is maintained at all times.

- Statistics

For the benefit of future developments, we may periodically record site access and navigation. This data is only used internally by us so that we can ensure correct operation and target future enhancements.

## Disabling cookies

Your browser will allow you to enable or disable the use of cookies from all or some sites. It may also prompt you to do this.

Although you are of course fully entitled to block the use of any cookie, in doing so you will find that many sites, including ours will not function correctly. For example, you may find you are continually asked to login. We therefore recommend allowing/enabling cookies for our sites <http://www.Care101.co.uk> and <https://secure.Care101.co.uk>.

If you disable them, these sites won't, unfortunately work correctly and may not behave as intended.

## Questions, concerns, issues?

If you have any questions or concerns on the above, please contact us on the number below, or e-mail [admin@Care101.co.uk](mailto:admin@Care101.co.uk) with the details.